

Intervention: Brief Strategic Family Therapy (BSFT)

Finding: Recommended by a single governmental entity

Potential partners to undertake the intervention:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Nonprofits or local coalitions | <input type="checkbox"/> Businesses or labor organizations |
| <input checked="" type="checkbox"/> Schools or universities | <input type="checkbox"/> Media |
| <input type="checkbox"/> Health care providers | <input type="checkbox"/> Local public health departments |
| <input type="checkbox"/> State public health departments | <input type="checkbox"/> Policymakers |
| <input type="checkbox"/> Hospitals, clinics or managed care organizations | <input type="checkbox"/> Other: |

Background on the intervention:

Brief Strategic Family Therapy (BSFT) aims to reduce problem behaviors in children and adolescents, 6 to 17 years of age, and strengthen their families. BSFT provides families with tools to decrease individual and family risk factors through focused interventions that improve problematic family relations and skill-building strategies that strengthen families.

Findings from the systematic reviews:

The Substance Abuse and Mental Health Services Administration (SAMHSA) recommends Brief Strategic Family Therapy as a model program. See the links below for additional information.

Additional information:

BSTF - www.cfs.med.miami.edu/

References:

SAMHSA - [National Registry of Effective Programs](http://www.modelprograms.samhsa.gov) - www.modelprograms.samhsa.gov